

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Monnette Fourie

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2017 #6

held at Cowhouse Market.

**TIME** 01:57:20

**PACE** 07:48/km

OVERALL 30 of 34

**GENDER** 11 of 12

**40 - 49** 3 of 3

01 October 2017, Sun

Date



BoutTime